THE LEAGUE OF FRIENDS OF ST MONICA'S HOSPITAL

Registered Charity Number: 1197052

REPORT AND ACCOUNTS

FOR THE YEAR ENDED 31 DECEMBER 2022

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THE LEAGUE OF FRIENDS OF ST MONICA'S HOSPITAL

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 DECEMBER 2022

Reference and administrative information

Charity Name:	The League of Friends of St Monica's Hospital
Charity Number:	1197052
Principal Address:	The Friends Office St Monica's Hospital Long Street Easingwold York YO61 3JD
Bankers:	HSBC Bank plc PO Box 26 Parliament Street York YO1 8XS
Independent Examiner:	Nigel Atkinson Hunter Gee Holroyd Club Chambers Museum Street York YO1 7DN

THE LEAGUE OF FRIENDS OF ST MONICA'S HOSPITAL

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 DECEMBER 2022

History
The Hospital was founded in 1893 by Mrs Katherine Love, a local benefactor. At first it was known as the Easingwold Cottage Hospital but later renamed St Monica's Hospital.
Taken over by the Secretary of State for Health in 1948, the Hospital is now designated a Community Hospital with 12 beds. It is administered by the York Teaching Hospital NHS Foundation Trust providing nursing, rehabilitation and physiotherapy care.

The League of Friends of St Monica's Hospital was founded in 1969 to support and promote the work of the Hospital. It has worked tirelessly to raise funds for various building improvements as well as nursing and medical needs. The League obtained charitable status in 1983 under the Governing Document dated 13th January 1983. A new governing document (constitution) was approved by the Charity Commission on 19th October 2018. This new document enables the Trustees to allocate funds for spending in the wider community. The primary focus of spending however will always be the Hospital. On 10 December 2021 the Charity changed status to a Charitable Incorporated Organisation. The Annual General Meeting is open to the public and Members are entitled to speak and vote.

Organisation
In the year under review the President and Trustees were:

President:
Mrs Joan Ramsay
Trustees:
David Kenworthy (Chairman)
Jane Wintermeyer (Vice Chair) (appointed 1 September 2022)
Derek McLuckie (Secretary)
Peter Glossop
John Kirman (Treasurer) (Died 2 April 2022)
Bernard Flynn (Treasurer) (appointed 21 June 2022, Resigned 21 November 2022)
David Fordham (Treasurer) (appointed 9 December 2022)
Sharon Metcalfe (St Monica's Staff Representative)
Jennifer Rhodes
Michael Clarke
Terry Saeedi
Dr Ian Jackson
Dr Lorraine Boyd
Graham Pratt
Peter Berry

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 DECEMBER 2022

Under the revised Governing Document (Constitution) one third of the Trustees retire from office at the conclusion of the Annual General Meeting but are eligible for re-election. The total number of Trustees may not be less than five. Following the Charity Commission's guidance all Trustees undertake familiarisation on governance and trustees duties and responsibilities. In Addition, all trustees are now asked to obtain a credit rating score.

Meetings of trustees are held in person every two months.

Funds and Donations

Many people in the local community continue to be extremely generous. Whilst no fundraising events have been held this year, the trust has received donations made at funerals. From time to time the Friends also benefits from substantial legacies and anonymous donations through the Charities Aid Foundation. Routine allocations and purchases of some medical equipment are made by the Charity annually. These include:

- Maintenance of Hospital grounds and gardens
- Maintenance and provision of garden furniture
- Physiotherapy requisites
- Christmas Gifts for patients
- Provision of newspapers, toiletries and telephone
- Staff Christmas Party

Donations which are specified by the donor for the benefit of staff are forwarded to the York and Scarborough Teaching Hospital NHS Foundation Trust. The hospital manager is then able to request money from this fund.

Letters of thanks for major amounts are sent by the Chairman or Treasurer.

The Trustees are very aware of the generosity of many people and every effort has been made to ensure all donations are used to the best possible advantage of patients within the Hospital and within the communities served by it. Many projects and major improvements require the approval of the NHS.

Investments
The current policy of the Charity is to invest excess funds in building societies and banks all of which are covered by the Financial Services Compensation Scheme. In addition an amount not exceeding 20% of total funds has been placed in a medium risk investment trust in order to improve the overall return on funds invested. Reviews are carried out regularly to ensure that the financial institutions continue to provide the appropriate and secure investment opportunities.

Financial Advisor: Mowatt Financial Planning
Our financial advisor's work continues to be carried out for no charge as their contribution to the work of the charity.

Activities
The coronavirus pandemic stopped all volunteer work in the hospital. Since the end if the pandemic, a review has been undertaken, in conjunction with the sister-in-charge to assess the work to be undertaken by volunteers and what hygiene controls are required. When this has been completed a decision will be made about the best way to recruit new volunteers.

It was recognised by the trustees that whilst the trust has considerable financial resources it lacks the means of delivering services to the communities. Easingwold District Community Care Association (EDCCA) can deliver services but must raise funds for each project. The trustees of EDCCA and FOSMH agreed to work on joint projects. This agreement is still in place. A representative of each board attends meetings of the other's trustees by invitation. In addition to our support for EDCCA, we have made or committed to making grants totalling just over £34,255 this year (almost £53,000 if brought up to July 2023) to a series of recipients to help fund health and wellbeing activities in the local communities covered by our GP surgeries. Grants have been made to aid running costs for Kurt's Club in Easingwold, to fund an AED for Coxwold, to help fund a running track for Crayke School and to fund equipment for St Monica's so that a new post-operative physiotherapy service can be provided by the NHS for those who have undergone hand surgery.

Communications
One trustee has responsibility for the communications strategy. Major grants are accompanied by stories in local press, social media or radio if appropriate. Every effort is made to attract more bids for grants by highlighting the success of grants

Risk Assessment
Public liability and Trustees' insurances are in place and a review is undertaken annually to ensure that the cover is appropriate. Controls in place for the movement of funds are considered adequate. The financial records are processed using an accounting software package and presented in summary form with a report at every Trustees' meeting at which they are open for scrutiny and discussion.

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 DECEMBER 2022

Safeguarding

Safeguarding is a key governance priority for the League of Friends Trustees. We are committed to keeping safe the vulnerable people with whom we work alongside and acknowledge our duty to act appropriately to any allegations, reports or suspicions of abuse. It is important to have the policy and procedures in place so that staff, volunteers and trustees can work to prevent abuse and know what to do in the event of abuse. The safeguarding policy is reviewed every two years.

Data Protection

Procedures are in place to satisfy the requirements of the Data Protection legislation (GDPR) and we believe we are compliant by using a secure third party system. This is important, particularly in view of our maintenance of a membership database.

Future Activities

The trustees are keen to broaden their partnership working and the extent of grant-making. Whilst this has taken some time to develop, there are clear signs that Friends of St Monica's is seen a playing an intrinsic part in improving the quality of life for the residents of Easingwold and surrounding villages. Extending these partnerships and making more grants will be the focus of the trustees' work for the next year.

The Trustees declare that they have approved the Trustees' report above.

.....
David Kenworthy
Trustee

.....
David Fordham
Trustee

Date.....6th June 2023.

THE LEAGUE OF FRIENDS OF ST MONICA'S HOSPITAL

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF THE LEAGUE OF FRIENDS OF ST. MONICA'S HOSPITAL

FOR THE YEAR ENDED 31 DECEMBER 2022

I report to the trustees on my examination of the accounts of the Trust for the year ended 31 December 2022 which are set out on pages 7 to 10

RESPONSIBILITIES AND BASIS OF REPORT

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('The Act').

I report in respect of my examination of the Trustee's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the chairty Commissioner under section 145(5)(b) of the 2011 Act.

INDEPENDENT EXAMINER'S STATEMENT

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

(1) accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
(2) the accounts do not accord with those records; or
(3) the accounts do not comply with the applicable requirements concerning the form and content of of the accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirements that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

N P Atkinson

Nigel Peter Atkinson FCA
Hunter Gee Holroyd Chartered Accountants
Club Chambers
Museum Street
York
YO1 7DN

13th June 2023

THE LEAGUE OF FRIENDS OF ST MONICA'S HOSPITAL

RECEIPTS & PAYMENTS ACCOUNT

FOR THE YEAR ENDED 31 DECEMBER 2022

	2022		2021	
	£	£	£	£
RECEIPTS				
DONATIONS				
Donations and Memorial Gifts	12,492		6,625	
Legacies	7,879		26,217	
		20,371		32,842
INVESTMENT INCOME				
Investments - Interest	6,438		3,278	
		6,438		3,278
		26,809		36,120
PAYMENTS				
FUNDRAISING & ADMINISTRATION EXPENSES				
Insurance	296		296	
Stationery, Advertising and Promotion	631		499	
Accountancy	858		804	
Legal Fees	2,400		2,418	
Website	1,451		694	
Membership Recording	64		220	
Computer Equipment & Software	592		-	
Sundries	221		-	
Bank charges	102		-	
		6,615		4,931
BALANCE CARRIED FORWARD		20,194		31,189

THE LEAGUE OF FRIENDS OF ST MONICA'S HOSPITAL

RECEIPTS & PAYMENTS ACCOUNT
FOR THE YEAR ENDED 31 DECEMBER 2022

	Notes	2022		2021	
		£	£	£	£
BALANCE BROUGHT FORWARD			20,194		31,189
GRANTS PAID	4		19,284		13,460
HOSPITAL NEEDS					
Hospital Equipment		1,107		3,295	
Newspapers		934		975	
Telephone		656		1,296	
Staff Party		1,271		769	
Hospital Grounds		4,900		7,489	
Kitchen		-		518	
Sundries		-		35	
Staff Retirement Gifts		-		130	
Patient Toiletries & Christmas Gifts		587	9,455	70	14,577
INCREASE IN FUNDS			(8,545)		3,152
FUNDS AT END OF LAST YEAR			631,333		628,181
FUNDS AT END OF THIS YEAR			622,788		631,333

THE LEAGUE OF FRIENDS OF ST MONICA'S HOSPITAL

BALANCE SHEET
AS AT 31 DECEMBER 2022

	Notes	2022		2021	
		£	£	£	£
Investments		100,000		100,000	
Balances at Bank					
- Current Account		19,568		34,888	
- Deposit Account		-		-	
- Other Accounts		502,513		496,074	
Cash		707		371	
CURRENT ASSETS			622,788		631,333
NET CURRENT ASSETS			622,788		631,333
TOTAL ASSETS			622,788		631,333
FUNDS					
Unrestricted	2		622,788		631,333
Restricted			-		-
			622,788		631,333

Approved on behalf of the trustees by:

.....
David Kenworthy
Trustee

.....
David Fordham
Trustee

Date 6th June 2023.

THE LEAGUE OF FRIENDS OF ST MONICA'S HOSPITAL

NOTES TO THE ACCOUNTS
AS AT 31 DECEMBER 2022

1. Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 and the Charities Act 2011.

The financial statements have been prepared on the 'receipts and payments' basis.

2. Unrestricted funds

From time to time the charity is fortunate to receive substantial legacies and donations from the estates and relatives of former patients and sometimes from other generous benefactors who wish to see the work of St Monica's maintained at the highest level, within the best possible accommodation and with the finest equipment. The trustees are mindful that they need to address uses for these funds and undertake to do so with the cooperation of York Hospitals Trust which provides the day to day nursing and care functions and funds all associated costs of running the establishment.

3. Investments

Listed investments included on the balance sheet at cost of £100,000 had a market valuation of £129,215 as at 31 December 2022.