THE LEAGUE OF FRIENDS OF ST MONICA'S HOSPITAL

Registered Charity Number: 1197052

REPORT AND ACCOUNTS

FOR THE YEAR ENDED 31 DECEMBER 2023

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THE LEAGUE OF FRIENDS OF ST MONICA'S HOSPITAL

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 DECEMBER 2023

Reference and administrative information

Charity Name:	The League of Friends of St Monica's Hospital
Charity Number:	1197052
Principal Address:	The Friends Office St Monica's Hospital Long Street Easingwold York YO61 3JD
Bankers:	HSBC Bank plc PO Box 26 Parliament Street York YO1 8XS
	Lloyds Bank plc PO Box 1000 BX1 1LT
Independent Examiner:	Nigel Everard BA FCA Hunter Gee Holroyd Club Chambers Museum Street York YO1 7DN

THE LEAGUE OF FRIENDS OF ST MONICA'S HOSPITAL

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 DECEMBER 2023

History

The Hospital was founded in 1893 by Mrs Katherine Love, a local benefactor. At first it was known as the Easingwold Cottage Hospital but later renamed St Monica's Hospital.
Taken over by the Secretary of State for Health in 1948, the Hospital is now designated a Community Hospital with 12 beds. It is administered by the York Teaching Hospital NHS Foundation Trust providing nursing, rehabilitation and physiotherapy care.

The League of Friends of St Monica's Hospital was founded in 1969 to support and promote the work of the Hospital. It has worked tirelessly to raise funds for various building improvements as well as nursing and medical needs. The League obtained charitable status in 1983 under the Governing Document dated 13th January 1983. A new governing document (constitution) was approved by the Charity Commission on 19th October 2018. This new document enables the Trustees to allocate funds for spending in the wider community. The primary focus of spending however will always be the Hospital. On 10 December 2021 the Charity changed status to a Charitable Incorporated Organisation. The Annual General Meeting is open to the public and Members are entitled to speak and vote.

Organisation

In the year under review the President and Trustees were:

President:
Mrs Joan Ramsay
Hon. Vice President:
John Barr
Trustees:
David Kenworthy (Chairman)
Jane Wintermeyer (Vice Chair)
Derek McLuckie (Secretary until 9th January 2024)
Peter Glossop - retired 5th September 2023
David Fordham (Treasurer)
Sharon Metcalfe (St Monica's Staff Representative) - retired 5th September 2023
Jennifer Rhodes
Michael Clarke
Terry Saeedi
Dr Ian Jackson
Dr Lorraine Boyd
Graham Pratt
Peter Berry
Angie Bussey (Secretary) - appointed 9th January 2024

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 DECEMBER 2023

Under the revised Governing Document (Constitution) one third of the Trustees retire from office at the conclusion of the Annual General Meeting but are eligible for re-election. The total number of Trustees may not be less than five. Following the Charity Commission's guidance all Trustees undertake familiarisation on governance and trustees duties and responsibilities. In Addition, all trustees are now asked to obtain a credit rating score.

Meetings of trustees are held in person every two months.

Funds and Donations

Many people in the local community continue to be extremely generous. Whilst no fundraising events have been held this year, the trust has received donations made at funerals. From time to time the Friends also benefits from substantial legacies and anonymous donations through the Charities Aid Foundation. Routine allocations and purchases of some medical equipment are made by the Charity annually. These include:

- Maintenance of Hospital grounds and gardens
- Maintenance and provision of garden furniture
- Physiotherapy requisites
- Christmas Gifts for patients
- Provision of newspapers, toiletries and telephone
- Staff Christmas Party

Donations which are specified by the donor for the benefit of staff are forwarded to the York and Scarborough Teaching Hospital NHS Foundation Trust. The hospital manager is then able to request money from this fund.

Letters of thanks for major amounts are sent by the Chairman or Treasurer.

The Trustees are very aware of the generosity of many people and every effort has been made to ensure all donations are used to the best possible advantage of patients within the Hospital and within the communities served by it. Many projects and major improvements require the approval of the NHS.

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 DECEMBER 2023

Investments

The current policy of the Charity is to invest excess funds in building societies and banks all of which are covered by the Financial Services Compensation Scheme. In addition an amount not exceeding 20% of total funds has been placed in a medium risk investment trust in order to improve the overall return on funds invested. Reviews are carried out regularly to ensure that the financial institutions continue to provide the appropriate and secure investment opportunities.

During the year the cash investments with various banks and building societies were moved to a cash investment platform, Insignis, which is an internet-based system introduced to us through Mowatt Financial Planning. The system provides the Trustees with the opportunity to take advantage of the best cash investment rates available and all monies invested are covered by the FSCS.

Financial Advisor: Mowatt Financial Planning

Our financial advisor's work continues to be carried out for no charge as their contribution to the work of the charity.

Activities

Changes in staff at St Monica's hospital have resulted in fresh thinking about patient and staff welfare. The trust has provided toiletries for patients, clothing packs for those patients who arrive at the hospital without sufficient changes of clothes and weekly visits from a hairdresser. These small changes have resulted in positive comments from patients. A recent inspection of the hospital drew attention to the lack of restroom facilities for staff. The trust funded alterations to a spare room to become the staff restroom and provided furniture and a television. FOSMH has also funded two recliner chairs for the use of patients.

Recruitment and training of volunteers to work in the hospital has started. The trust has been assisted by the volunteer co-ordinators at York and Scarborough NHS Trust.

Close attention has been paid to possible alterations to other medical premises, such as the Health Centre, in the Easingwold area to assess what effect this will have on St Monica's and its facilities, particularly those which have been provided in previous years by the trust.

FOSMH has continued making grants within the local communities. These grants are detailed elsewhere in this report. The trustees are conscious of the need to make grants wisely and, to assist in good decision making, the grants policy was rewritten during the year. It is clear that the role of FOSMH as a grant making charity has become well known in the area leading to increased requests. One trend that has become clear is that requests are being made to FOSMH which would be better directed to other grant makers such as Sport England for sporting equipment. The trustees are keen not to put off requests and, therefore, efforts are made to direct requests to the most suitable source of funds.

The partnership with EDCCA has continued through the year with FOSMH funding Meals on Wheels. Other projects, such as Men in Sheds, will begin in 2024.

Communications

One trustee has responsibility for the communications strategy. Major grants are accompanied by stories in local press, social media or radio if appropriate. Every effort is made to attract more bids for grants by highlighting the success of grants

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 DECEMBER 2023

Risk Assessment
Public liability and Trustees' insurances are in place and a review is undertaken annually to ensure that the cover is appropriate. Controls in place for the movement of funds are considered adequate. The financial records are processed using an accounting software package and presented in summary form with a report at every Trustees' meeting at which they are open for scrutiny and discussion.

Safeguarding
Safeguarding is a key governance priority for the League of Friends Trustees. We are committed to keeping safe the vulnerable people with whom we work alongside and acknowledge our duty to act appropriately to any allegations, reports or suspicions of abuse. It is important to have the policy and procedures in place so that staff, volunteers and trustees can work to prevent abuse and know what to do in the event of abuse. The safeguarding policy is reviewed every two years.

Data Protection

Procedures are in place to satisfy the requirements of the Data Protection legislation (GDPR) and we believe we are compliant by using a secure third party system. This is important, particularly in view of our maintenance of a membership database.

Financial Review

During the year grants of £32,006 were paid out (details are in Note 4 to the accounts). Expenditure relating to hospital needs for 2023 was £21,162. The income avilable to the charity over the year was £32,299. The expenses of administering the charity in 2023 were £3,667.

The trustees are aware of reviews assessing the use of NHS premises in the Easingwold area. Whilst no plans have been published, the trustees have decided that it would be prudent to notionally retain £250,000 in case new equipment is required in the next few years.

Future Activities
The trustees are keen to improve grant making and, having joined the Yorkshire Funders organisation, will take every opportunity to learn from other trusts. Further opportunities for partnership working, such as that with EDCCA, will be sought.

The Trustees declare that they have approved the Trustees' report above.

.....
David Kenworthy
Trustee

Date 9th April 2024.

.....
David Fordham
Trustee

THE LEAGUE OF FRIENDS OF ST MONICA'S HOSPITAL

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF THE LEAGUE OF FRIENDS OF ST. MONICA'S HOSPITAL

FOR THE YEAR ENDED 31 DECEMBER 2023

I report to the trustees on my examination of the accounts of the Trust for the year ended 31 December 2023 which are set out on pages 7 to 10

RESPONSIBILITIES AND BASIS OF REPORT

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('The Act').

I report in respect of my examination of the Trustee's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the chairty Commissioner under section 145(5)(b) of the 2011 Act.

INDEPENDENT EXAMINER'S STATEMENT

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

(1) accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
(2) the accounts do not accord with those records; or
(3) the accounts do not comply with the applicable requirements concerning the form and content of of the accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirements that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Nigel Everard

Nigel Everard BA FCA
Hunter Gee Holroyd Chartered Accountants
Club Chambers
Museum Street
York
YO1 7DN

22nd April 2024

THE LEAGUE OF FRIENDS OF ST MONICA'S HOSPITAL

RECEIPTS & PAYMENTS ACCOUNT
FOR THE YEAR ENDED 31 DECEMBER 2023

	2023		2022	
	£	£	£	£
RECEIPTS				
DONATIONS				
Donations and Memorial Gifts	7,779		12,492	
Legacies	10,000		7,879	
		17,779		20,371
INVESTMENT INCOME				
Investments - Interest	14,520		6,438	
		14,520		6,438
		32,299		26,809
PAYMENTS				
FUNDRAISING & ADMINISTRATION EXPENSES				
Insurance	304		296	
Stationery, Advertising and Promotion	574		631	
Accountancy	936		858	
Legal Fees	-		2,400	
Website	630		1,451	
Membership Recording	222		64	
Computer Equipment & Software	428		592	
Sundries	416		221	
Bank charges	157		102	
		3,667		6,615
BALANCE CARRIED FORWARD		28,632		20,194

THE LEAGUE OF FRIENDS OF ST MONICA'S HOSPITAL

RECEIPTS & PAYMENTS ACCOUNT
FOR THE YEAR ENDED 31 DECEMBER 2023

	Notes	2023		2022	
		£	£	£	£
BALANCE BROUGHT FORWARD			28,632		20,194
GRANTS PAID	4		32,006		19,284
HOSPITAL NEEDS					
Hospital Equipment		5,082		1,107	
Newspapers		1,286		934	
Telephone		676		656	
Staffroom, Staff Welfare etc		2,776		1,271	
Hospital Grounds		9,239		4,900	
Patient Hairdressing		1,742		-	
Patient Toiletries & Christmas Gifts		361	21,162	587	9,455
DECREASE IN FUNDS			(24,536)		(8,545)
FUNDS AT END OF LAST YEAR			622,788		631,333
FUNDS AT END OF THIS YEAR			598,252		622,788

THE LEAGUE OF FRIENDS OF ST MONICA'S HOSPITAL

BALANCE SHEET
AS AT 31 DECEMBER 2023

	Notes	2023		2022	
		£	£	£	£
Investments		100,000		100,000	
Balances at Bank					
- Current Account		1,136		19,568	
- Deposit Account		50,093		-	
- Other Accounts		446,343		502,513	
Cash		680		707	
CURRENT ASSETS			598,252		622,788
NET CURRENT ASSETS			598,252		622,788
TOTAL ASSETS			598,252		622,788
FUNDS					
Unrestricted	2		598,252		622,788
Restricted			-		-
			598,252		622,788

Approved on behalf of the trustees by:

.....
David Kenworthy
Trustee

.....
David Fordham
Trustee

Date 9th April 2024.

THE LEAGUE OF FRIENDS OF ST MONICA'S HOSPITAL

NOTES TO THE ACCOUNTS
AS AT 31 DECEMBER 2023

1. Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 and the Charities Act 2011.

The financial statements have been prepared on the 'receipts and payments' basis.

2. Unrestricted funds

From time to time the charity is fortunate to receive substantial legacies and donations from the estates and relatives of former patients and sometimes from other generous benefactors who wish to see the work of St Monica's maintained at the highest level, within the best possible accommodation and with the finest equipment. The trustees are mindful that they need to address uses for these funds and undertake to do so with the cooperation of York Hospitals Trust which provides the day to day nursing and care functions and funds all associated costs of running the establishment.

3. Investments

Listed investments included on the balance sheet at cost of £100,000 had a market valuation of £140,222 as at 31 December 2023 (2022 £129,215).

4. Grants Paid

Friends of Springhill Court	1,820
Stillington Defib unit	1,660
Meals on Wheels	963
Kurts Club	3,750
Easi-Rockits Club - equipment grant	1,260
Easingwold Cricket Club	13,200
Parkrun Ltd - junior parkrun grant	2,000
York & Scarborough Hospitals - Opticler	1,593
Shipton Wildflowers	1,000
Neil Maddison - Energy saving grant	811
EDCCA - Boccia set and Course Fees	1,830
Parkinsons UK	500
Ampleforth & Hovingham Surgery - 2 x wheelchairs	720
Easingwold Short Mats Bowling Club - equipment	900
	32,006