

**THE LEAGUE OF FRIENDS OF  
ST MONICA'S HOSPITAL**

Registered Charity Number: 1197052

**REPORT AND ACCOUNTS**

**FOR THE YEAR ENDED 31 DECEMBER 2025**

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# THE LEAGUE OF FRIENDS OF ST MONICA'S HOSPITAL

## REPORT OF THE TRUSTEES

*FOR THE YEAR ENDED 31 DECEMBER 2025*

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### Reference and administrative information

Charity Name: The League of Friends of St Monica's Hospital

Charity Number: 1197052

Principal Address: The Friends Office  
St Monica's Hospital  
Long Street  
Easingwold  
York  
YO61 3JD

Bankers: Lloyds Bank plc  
PO Box 1000  
BX1 1LT

Independent Examiner: Nigel Everard BA FCA  
Hunter Gee Holroyd  
Club Chambers  
Museum Street  
York  
YO1 7DN

# THE LEAGUE OF FRIENDS OF ST MONICA'S HOSPITAL

## REPORT OF THE TRUSTEES

*FOR THE YEAR ENDED 31 DECEMBER 2025*

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### History

The Hospital was founded in 1893 by Mrs Katherine Love, a local benefactor. At first it was known as the Easingwold Cottage Hospital but later renamed St Monica's Hospital.

Taken over by the Secretary of State for Health in 1948, the Hospital is now designated a Community Hospital with 12 beds. It is administered by the York and Scarborough NHS Teaching Hospitals Foundation Trust providing nursing, rehabilitation and physiotherapy care.

The League of Friends of St Monica's Hospital was founded in 1969 to support and promote the work of the Hospital. It has worked tirelessly to raise funds for various building improvements as well as nursing and medical needs. The League obtained charitable status in 1983 under the Governing Document dated 13th January 1983. A new governing document (constitution) was approved by the Charity Commission on 19th October 2018. This document enabled the Trustees to allocate funds for spending in the wider community.

The primary focus of spending however will always be the Hospital. On 10 December 2021 the Charity changed status to a Charitable Incorporated Organisation.

The Annual General Meeting is open to the public and Members are entitled to speak and vote.

### Organisation

In the year under review the President and Trustees were:

President:

Mrs Joan Ramsay

Hon. Vice President:

Mr John Barr (until April 2025)

Trustees:

David Kenworthy (Chairman)

Jane Wintermeyer (Vice Chair)

Angela Bussey (Secretary)

David Fordham (Treasurer) (resigned 8th April 2025)

Barry Wilkinson (Treasurer) (appointed 8th April 2025)

Derek McLuckie (resigned 8 April 2025)

Jennifer Rhodes

Michael Clarke

Terry Saeedi

Dr Ian Jackson

Dr Lorraine Boyd

Graham Pratt

Peter Berry

Ron Woodham (appointed 14th October 2025)

Robert Snook (appointed 14th October 2025)

Under the revised Governing Document (Constitution) one third of the Trustees retire from office at the conclusion of the Annual General Meeting but are eligible for re-election. The total number of Trustees may not be less than five. Following the Charity Commission's guidance all Trustees undertake familiarisation on governance and trustees duties and responsibilities. In addition, all trustees are now asked to obtain a credit rating score.

Meetings of trustees are held in person every two months.

# THE LEAGUE OF FRIENDS OF ST MONICA'S HOSPITAL

## REPORT OF THE TRUSTEES

*FOR THE YEAR ENDED 31 DECEMBER 2025*

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### **Funds and Donations**

Many people in the local community continue to be extremely generous. Whilst no fundraising events have been held this year, the trust has received donations. These include those made at funerals. From time to time the Friends also benefits from substantial legacies and anonymous donations through the Charities Aid Foundation. Routine allocations and purchases of some medical equipment are made by the Charity annually. These include:

- Maintenance of Hospital grounds and gardens
- Maintenance and provision of garden furniture
- Physiotherapy requisites
- Christmas Gifts for patients
- Provision of newspapers, toiletries and telephone
- Staff Christmas Party
- Flowers for the hospital entrance
- Hairdresser

Donations which are specified by the donor for the benefit of staff are forwarded to the York and Scarborough Teaching Hospitals NHS Foundation Trust. The hospital manager is then able to request money from this fund.

Letters of thanks for major amounts are sent by the Chairman or Treasurer.

The Trustees are very aware of the generosity of many people and every effort has been made to ensure all donations are used to the best possible advantage of patients within the Hospital and within the communities served by it. Many hospital projects and major improvements require the approval of the NHS.

### **Investments**

During the year it was agreed to liquidate the holding in a medium risk investment trust in view of the increasing volatility in the market. The objective being to remove any market and credit risk from the Charity's donated funds.

The current policy is to invest available funds through the cash investment platform, Insignis, which allows the Trustees to take advantage of the best interest rates available for cash deposits. All deposits are with banks and building societies covered by the FSCS government guarantee.

The fixed term deposits mature throughout the year giving flexibility such that sufficient funds are available at short notice to cover payment for improvements to hospital premises and grants.

### **Financial Advisor: Mowatt Financial Planning**

Our financial advisors assistance continued to be carried out for no charge as their contribution to the work of the charity.

# THE LEAGUE OF FRIENDS OF ST MONICA'S HOSPITAL

## REPORT OF THE TRUSTEES

*FOR THE YEAR ENDED 31 DECEMBER 2025*

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### **Activities**

The charity has concentrated on making grants. Learning how to make grants well has given rise to good debates amongst trustees and led to clearer guidelines for the grants sub-committee. Details of grants made are shown in the accounts. They support health and well being activities and initiatives in the areas served by the surgeries at Tollerton, Millfield (Easingwold), Stillington and Hovingham.

Following a meeting with the Chief Executive of the York and Scarborough Teaching Hospitals NHS Foundation Trust and the local MP, trustees were reassured that St Monica's Hospital was secure for the foreseeable future. As a result, trustees have agreed to embark on a series of improvements and alterations to the hospital. The existing windows are old and draughty and need replacement and it is proposed to provide a new nursing station within the hospital. Additionally, a bathroom will be converted into a wet room.

The hospital relies on volunteers to assist with providing drinks and helping with tasks for the comfort of patients. More volunteers have been recruited this year.

The charity continues to work in partnership with other local organisations, particularly EDCCA. Funds are provided to assist with project such as Men in Sheds and Meals on Wheels.

The Health and Wellbeing Clinic developed by a local GP has continued with encouraging results. The charity agreed to fund the programme for two years until April 2026. Efforts are ongoing to find alternative and regular funding for the programme.

### **Communications**

One trustee has responsibility for communications by newsletters, newspaper articles, local radio and social media.

# THE LEAGUE OF FRIENDS OF ST MONICA'S HOSPITAL

## REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 DECEMBER 2025

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### Risk Assessment

Public liability and Trustees' insurances are in place and a review is undertaken annually to ensure that the cover is appropriate. Controls in place for the movement of funds are considered adequate. The financial records are processed using an accounting software package and presented in summary form with a report at every Trustees' meeting at which they are open for scrutiny and discussion.

### Safeguarding

Safeguarding is a key governance priority for the League of Friends Trustees. We are committed to keeping safe the vulnerable people whom we work alongside and acknowledge our duty to act appropriately to any allegations, reports or suspicions of abuse. It is important to have the policy and procedures in place so that when volunteers are recruited, they and trustees will be clear about their responsibilities. The safeguarding policy is reviewed every two years. All volunteers and trustees with regular access to the hospital undergo DBS checks. DBS checks were carried out by York and Scarborough NHS Teaching Hospitals Foundation Trust. This service has ceased and efforts are being made to find an alternative.

### Data Protection

Procedures are in place to satisfy the requirements of the Data Protection legislation (GDPR) by using a secure third party system. This is important, particularly in view of our maintenance of a membership database.

### Financial Review

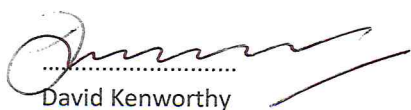
During the year grants of £75,686 were paid out (details are in Note 3 to the accounts). Expenditure relating to hospital needs for 2025 was £16,972. The income available to the charity over the year was £98,448. The expenses of administering the charity in 2025 were £4,710.

It is the policy of the charity that unrestricted funds that have not been designated for a specific use should be maintained at a level that would cover our operating costs for 24 months. This is currently approximately £50,000. This target was exceeded this year with unrestricted funds being £560,345 at the year end.

### Future Activities

The focus for 2026 will be on the improvements and alterations to the hospital outlined above. Grant making will continue and, as funds are used for building works, consideration will be given to fundraising.

The Trustees declare that they have approved the Trustees' report above.

  
.....  
David Kenworthy

Trustee

  
.....

Barry Wilkinson

Trustee

Date..... 17th April 2026.

# THE LEAGUE OF FRIENDS OF ST MONICA'S HOSPITAL

## INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF THE LEAGUE OF FRIENDS OF ST. MONICA'S HOSPITAL *FOR THE YEAR ENDED 31 DECEMBER 2025*

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I report to the trustees on my examination of the accounts of the Trust for the year ended 31 December 2025 which are set out on pages 7 to 10

### RESPONSIBILITIES AND BASIS OF REPORT

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('The Act').

I report in respect of my examination of the Trustee's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charitable Commissioner under section 145(5)(b) of the 2011 Act.

### INDEPENDENT EXAMINER'S STATEMENT

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- (1) accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
- (2) the accounts do not accord with those records; or
- (3) the accounts do not comply with the applicable requirements concerning the form and content of the accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirements that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

  
Nigel Everard BA FCA  
Hunter Gee Holroyd Chartered Accountants  
Club Chambers  
Museum Street  
York  
YO1 7DN

Date.....21 April 2026.....

# THE LEAGUE OF FRIENDS OF ST MONICA'S HOSPITAL

## RECEIPTS & PAYMENTS ACCOUNT

FOR THE YEAR ENDED 31 DECEMBER 2025

	2025		2024	
	£	£	£	£
<b>RECEIPTS</b>				
<b>DONATIONS</b>				
Donations and Memorial Gifts	14,582		9,690	
Legacies	<u>6,001</u>		<u>11,000</u>	
		20,583		20,690
<b>INVESTMENT INCOME</b>				
Profit on Sale of Investments	61,269		-	
Investments - Interest	<u>16,596</u>		<u>22,671</u>	
		<u>77,865</u>		<u>22,671</u>
		98,448		43,361
<b>PAYMENTS</b>				
<b>FUNDRAISING &amp; ADMINISTRATION EXPENSES</b>				
Insurance	324		316	
Stationery, Advertising and Promotion	169		630	
Accountancy	1,056		996	
Legal Fees	250		-	
Website	640		-	
Membership Recording	928		260	
Computer Equipment & Software	524		120	
Sundries	-		238	
Bank & Insignis Charges	<u>819</u>		<u>743</u>	
		<u>4,710</u>		<u>3,303</u>
BALANCE CARRIED FORWARD		93,738		40,058

# THE LEAGUE OF FRIENDS OF ST MONICA'S HOSPITAL

## RECEIPTS & PAYMENTS ACCOUNT

FOR THE YEAR ENDED 31 DECEMBER 2025

	Notes	2025		2024	
		£	£	£	£
BALANCE BROUGHT FORWARD			93,738		40,058
<b>GRANTS PAID</b>	<b>3</b>		75,686		62,778
<b>HOSPITAL NEEDS</b>					
Hospital Equipment		690		152	
Newspapers		675		1,103	
Telephone		136		290	
Staffroom, Staff Welfare etc		954		1,205	
Hospital Grounds		9,601		8,750	
Joint Volunteers Event		378		-	
Autumn Project		0		783	
Flowers		602		475	
Staff Retirement Gifts		85		113	
Patient Hairdressing		3,591		3,243	
Patient Toiletries & Christmas Gifts		260	16,972	154	16,267
			<u>1,080</u>		<u>(38,987)</u>
<b>FUNDS AT END OF LAST YEAR</b>			<u>559,265</u>		<u>598,252</u>
<b>FUNDS AT END OF THIS YEAR</b>			<u>560,345</u>		<u>559,265</u>


# THE LEAGUE OF FRIENDS OF ST MONICA'S HOSPITAL

## BALANCE SHEET

AS AT 31 DECEMBER 2025

	Notes	2025		2024	
		£	£	£	£
Investments		-		100,000	
Balances at Bank					
- Current Account		5,095		3,525	
- Deposit Account		28,649		17,480	
- Cash Invested Deposits		526,579		437,884	
Cash		22		376	
<b>CURRENT ASSETS</b>			<u>560,345</u>	<u>559,265</u>	
<b>NET CURRENT ASSETS</b>			<u>560,345</u>	<u>559,265</u>	
<b>TOTAL ASSETS</b>			<u>560,345</u>	<u>559,265</u>	
<b>FUNDS</b>					
Unrestricted	2		560,345	559,265	
Restricted			-	-	
			<u>560,345</u>	<u>559,265</u>	

Approved on behalf of the trustees by:

  
 .....  
 David Kenworthy  
 Trustee

  
 .....  
 Barry Wilkinson  
 Trustee

Date... 17th April 2026 .....

# THE LEAGUE OF FRIENDS OF ST MONICA'S HOSPITAL

## NOTES TO THE ACCOUNTS

AS AT 31 DECEMBER 2025

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### 1. Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 and the Charities Act 2011.

The financial statements have been prepared on the 'receipts and payments' basis.

### 2. Unrestricted funds

From time to time the charity is fortunate to receive substantial legacies and donations from the estates and relatives of former patients and sometimes from other generous benefactors who wish to see the work of St Monica's maintained at the highest level, within the best possible accommodation and with the finest equipment. The trustees are mindful that they need to address uses for these funds and undertake to do so with the cooperation of York Hospitals Trust which provides the day to day nursing and care functions and funds all associated costs of running the establishment.

### 3. Grants Paid

EDCCA - Meals on Wheels	1,750
Huby Playing Fields Association	10,000
Kurts Club	1,500
South Humberside and Ryedale Primary Care Network - CGA Service	48,477
York and Scarborough NHS 6th Form Project Medicine	50
Rhythm and Babies Group	200
Sheriff Hutton Bridge Cricket Club	7,500
Ann Cobb Charity - Allotments	1,995
Whenby Defibrillator	1,664
EDCCA - Citizens Advice Bureau - Advisor	1,000
Cozie Youth Club - Summer Activities	900
Tollerton Village Hall - Access	650
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	75,686